



MINUTE – SEMINAR – YOU CAN LEARN FROM MY EXPERIENCE!
24.05.2019, TARREGA, SPANIA

No.	Subject	Name	Topics discussed / Questions / Other important aspects
1	Welcome	Violant Amoros (Alba Sport Club coordinator)	<ul style="list-style-type: none"> - thanks all persons for being involved in the project - hopes that all have had a good time in Tarrega - invites the project coordinator to lead the seminar
2	Justification of the seminar in the project context	Valeria Balan	<ul style="list-style-type: none"> - specifies why she wanted very much this seminar to be included in the project - presents the programme – who are the speakers who present their experiences in connection with the seminar theme - presents some general aspects about the volunteering activity
3	Volunteering activity – Sport Club Alba, Tarrega	Laura Barquets	<ul style="list-style-type: none"> - presents 2 projects: * we want and we can – to involve more persons in the activities for mental disabled persons * Jamborinada – support for mental disabled persons; the mental disabled persons are helped to develop their abilities in outdoor spaces
		Judit Garriga	<ul style="list-style-type: none"> - volunteering application – new tool for promoting the volunteering activities - Iveta Dirzininka and Valeria Balan have questions which are answered
		Fee Broedermann and Gabija Karvelite	<ul style="list-style-type: none"> - European volunteers- speak about their experiences - Iveta Dirzininka and Valeria Balan have questions which are answered
		Alvaro Terreros	<ul style="list-style-type: none"> - presents his experience in connection with Special Olympics movement and the volunteering activity (trainings, events) in sport field for disabled persons - Iveta Dirzininka has a question which is answered



4	Volunteering activity - Special Sports Center, Kuldiga experience	Iveta Dirzininka	<ul style="list-style-type: none">- presents the experience in the working with the volunteers of the staff of the Special Sports Center, Kuldiga; she points out her colleagues experiences in bocce; at the same time, she underlines their interests that the present project should be gone on with other projects on the same topic- presents a movie that Sports Center, Kuldiga realised during the project
5	The power of teamwork – Bucharest Down Plus Association experience	Georgeta Bucur	<ul style="list-style-type: none">- presents the manner in which the association works with its volunteers
6	Volunteering activity – National University of Physical Education and Sport Bucharest experience	Valeria Balan	<ul style="list-style-type: none">- presents volunteering activities that professors and the students realise; it underlines the actual projects in which the role of volunteers is important- Iveta Dirzininka, Nadija Strazdiņa, Anna Balp and Alvaro Terreros have questions. She offers them answers
7	Volunteering activity – Students and Graduates League from NUPES Bucharest experience	George Mares	<ul style="list-style-type: none">- presents the activities in which the members of the association are involved- Iveta Dirzininka has a question which is answered